

Border Harriers Club Track Rankings 2013

Name	Time	Venue	Date	Name	Time	Venue	Date		
60m Men				60m Women					
1	Mark Collier (U23)	7.42 (i)	Gateshead	17th Jan	1	Alison McCorry (U20)	7.93 (i)	Sportcity	17th Mar
2	Callum Aldridge (U20)	7.53 (i)	Sportcity	17th Mar	2	Hayley Waugh (U20)	8.6 (i)	Sportcity	17th Mar
3	Alex Nixon (U20)	7.66 (i)	Sportcity	17th Mar	3	Mary Campbell (U11)	9.8	Carlisle	25th May
4	Luke Gay (U20)	7.99 (i)	Sportcity	17th Mar	4	Daria Biec (U11)	9.8	Carlisle	25th May
5	William Barnes (U15)	8.09 (i)	Sportcity	17th Mar	5	Niamh Campbell (U9)	11.4	Carlisle	14th Apr
6	Lewis Dean (U15)	8.18 (i)	Sportcity	17th Mar					
7	Peter Campbell (V50)	8.79 (i)	Sportcity	17th Mar					
70m Men				70m Women					
				1	Mary Campbell (U11)	11.2	Carlisle	20th Apr	
75m Men				75m Women					
				1	Olivia Bent (U13)	12.0	Carlisle	4th May	
				2	Charlotte Hetherington (U13)	12.5	Carlisle	4th May	
				3	Alyssia Thompson (U13)	12.6	Ashton-u-Lyne	1st Jun	
				4	Emily Daniel (U13)	12.8	Connah's Quay	13th Jul	
80m Men				80m Women					
1	James Hetherington (U11)	12.7	Carlisle	10th Aug	1	Mary Campbell (U11)	12.9	Carlisle	14th Apr
2	Scott Dean (U11)	12.8	Carlisle	14th Apr	2	Alyssia Thompson (U13)	13.1	Carlisle	25th May
3	Tom Knowles (U11)	13.3	Carlisle	10th Aug	3	Elisse Reilly (U11)	13.7	Carlisle	10th Aug
4	Sol Johl (U11)	13.5	Carlisle	10th Aug	4	Niamh Campbell (U9)	17.0	Blackpool	10th Mar
100m Men				100m Women					
1	Callum Aldridge (U20)	11.5	Carlisle	2nd Jun	1	Alison McCorry (U20)	12.5	Preston	7th Jul
2	Darryl Rayson (U20)	11.7	Ashton-u-Lyne	28th Jul	2	Esther Strongen (U15)	13.6	Ashton-u-Lyne	1st Jun
3	Alex Nixon (U20)	11.8	Carlisle	5th May	3	Hayley Waugh (U20)	13.7	Carlisle	5th May
4	Mark Crawley (U23)	11.9	Preston	7th Jul	4	Alex Foxworthy (U23)	13.83	Sheffield	21st Apr
5	William Barnes (U15)	12.4	Carlisle	4th May	5	Lauren Medley (U15)	14.2	Connah's Quay	13th Jul
6	Harry Nixon (U15)	12.5	Ashton-u-Lyne	1st Jun	6	Chloe Soothall (U15)	14.2	Connah's Quay	13th Jul
7	Lewis Dean (U15)	12.6	Carlisle	14th Apr	7	Beatrix Jackson (U15)	14.6	Carlisle	4th May
8	Callam Plunkett (U20)	12.8	Carlisle	5th May	8	Imogen Clark (U15)	14.6	Carlisle	25th May
9	Luke Gay (U20)	12.8	Carlisle	2nd Jun	9	Jen Bale (U20)	14.7	Oldham	3rd Aug
10	Alex Sargeson (U20)	12.9	Carlisle	14th Apr	10	Rosa Prosser (U17)	14.8	Carlisle	5th May
11	David Whittle (U15)	13.2	Carlisle	8th Jun					
12	Scott Evans (U13)	13.3	Connah's Quay	13th Jul					
13	Oliver Howse (SM)	13.5	Burnley	9th Jun					
14	Nathan McStay (U15)	13.5	Carlisle	10th Aug					
15	Peter Campbell (V50)	13.8	Carlisle	14th Apr					
16	Michael Watson (U15)	13.9	Macclesfield	22nd Jun					
17	Thomas Maughan (U13)	15.5	Carlisle	4th May					
18	Jordan Ewbank (U13)	15.7	Carlisle	4th May					
150m Men				150m Women					
1	Sol Johl (U11)	24.3	Carlisle	10th Aug	1	Yasmin Little (U13)	22.6	Macclesfield	22nd Jun
2	Mark Collier (U23)	17.6	Jarrow	24th Apr	2	Olivia Bent (U13)	24.7	Carlisle	4th May
				3	Alyssia Thompson (U13)	25.3	Ashton-u-Lyne	1st Jun	
				4	Emily Daniel (U13)	25.6	Carlisle	4th May	
				5	Charlotte Hetherington (U13)	26.0	Macclesfield	22nd Jun	

200m Men

1	Callum Aldridge (U20)	23.6	Ashton-u-Lyne	28th Jul
2	Mark Collier (U23)	23.68	Gateshead	26th May
3	Alex Nixon (U20)	24.0	Oldham	3rd Aug
4	Guy Wilkinson (U20)	24.8	Ellesmere Port	28th Apr
5	Mark Crawley (U23)	25.0	Preston	7th Jul
6	Joseph Tidmarsh (U15)	25.4	Carlisle	8th Jun
7	Harry Nixon (U15)	25.5	Connah's Quay	13th Jul
8	Callam Plunkett (U20)	25.9	Carlisle	2nd Jun
9	Lewis Dean (U15)	26.1	Carlisle	8th Jun
10	Neil Orr (U17)	26.3	Carlisle	5th May
11	Alex Sargeson (U20)	26.4	Carlisle	14th Apr
12	Scott Evans (U13)	26.6	Macclesfield	22nd Jun
13	Oliver Howse (SM)	27.4	Burnley	9th Jun
14	Kieran Reynolds (U15)	27.7	Connah's Quay	13th Jul
15	Michael Watson (U15)	28.2	Macclesfield	22nd Jun
16	Ciaran Campbell (U17)	29.3	Ashton-u-Lyne	28th Jul
17	Peter Campbell (V50)	30.0	Carlisle	14th Apr
18	Matthew Adamson (U15)	30.0	Ashton-u-Lyne	1st Jun
19	Conor Lancaster (U13)	30.9	Carlisle	4th May
20	Ewan Waite T38 (U17)	31.1	Carlisle	2nd Jun
21	Daniel Baugh (U13)	32.4	Carlisle	4th May
22	Thomas Maughan (U13)	34.9	Ashton-u-Lyne	1st Jun

200m Women

1	Alison McCorry (U20)	25.8	Preston	7th Jul
2	Hayley Waugh (U20)	28.0	Carlisle	5th May
3	Fiona Laurie (U23)	28.71	Grangemouth	13th Apr
4	Lauren Medley (U15)	28.9	Connah's Quay	13th Jul
5	Jen Bale (U20)	30.1	Carlisle	2nd Jun
6	Chloe Soothall (U15)	30.4	Connah's Quay	13th Jul
7	Imogen Clark (U15)	30.6	Carlisle	25th May
8	Beatrix Jackson (U15)	30.8	Carlisle	8th Jun
9	Rosa Prosser (U17)	31.1	Carlisle	5th May

300m Men

1	Callum Aldridge (U20)	38.52 (i)	Sportcity	17th Mar
2	Matthew Salkeld (U20)	39.79 (i)	Sportcity	17th Mar
3	Luke Gay (U20)	40.58 (i)	Sportcity	17th Mar
4	Lewis Dean (U15)	40.6	Macclesfield	22nd Jun
5	Ben Davison (U15)	42.9	Carlisle	8th Jun
6	Kieran Reynolds (U15)	44.2	Connah's Quay	13th Jul
7	Nathan McStay (U15)	45.2	Carlisle	4th May
8	Owen McCorry (U15)	48.9	Macclesfield	22nd Jun

300m Women

1	Hayley Waugh (U20)	39.58 (i)	Sportcity	17th Mar
2	Jen Bale (U20)	47.54 (i)	Sportcity	17th Mar
3	Rosa Prosser (U17)	48.9	Ellesmere Port	28th Apr

400m Men

1	Mark Collier (U23)	51.92 (i)	Sheffield	23rd Feb
2	Mark Crawley (U23)	52.8	Preston	7th Jul
3	Lee Notman (SM)	53.68 (i)	Emirates Arena	10th Feb
4	Matthew Salkeld (U20)	53.9	Carlisle	8th Jun
5	Callum Aldridge (U20)	56.1	Carlisle	22nd Jun
6	Neil Orr (U17)	56.3	Carlisle	5th May
7	Luke Gay (U20)	56.6	Carlisle	25th May
8	Guy Wilkinson (U20)	57.3	Ellesmere Port	28th Apr
9	Graham Millican (SM)	59.3	Carlisle	5th May
10	Tim Orr (U20)	59.8	Ashton-u-Lyne	28th Jul
11	Jordan Hull (U17)	61.2	Carlisle	2nd Jun
12	Oliver Howse (SM)	62.0	Oldham	3rd Aug
13	Ewan Waite T38 (U17)	66.48	Grantham	21st Sep

400m Women

1	Alex Foxworthy (U23)	61.84 (i)	Sheffield	23rd Feb
2	Hayley Waugh (U20)	63.9	Burnley	9th Jun
3	Fiona Laurie (U23)	64.41 (i)	Emirates Arena	10th Feb
4	Rosa Prosser (U17)	66.9	Burnley	9th Jun

600m Men

1	Matthew Salkeld (U20)	1:27.07 (i)	Sportcity	17th Mar
2	Ciaran Campbell (U17)	1:43.55 (i)	Sportcity	17th Mar
3	James Hetherington (U11)	2:03.3	Carlisle	10th Aug
4	Scott Dean (U11)	2:18.6	Carlisle	14th Apr

600m Women

1	Mary Campbell (U11)	2:04.6	Carlisle	20th Apr
2	Elisse Reilly (U11)	2:09.9	Carlisle	10th Aug
3	Niamh Campbell (U9)	2:36.2	Carlisle	10th Aug

800m Men

1	Kev Bell (SM)	1:51.18	Stretford	14th May
2	Harry Earl (U23)	1:59.41	Watford	10th Jul
3	James Douglas (SM)	1:59.49	Stretford	14th May
4	Matthew Grieve (U23)	2:01.6	Burnley	9th Jun
5	Neil Orr (U17)	2:03.84	Stretford	14th May
6	Matthew Salkeld (U20)	2:04.2	Carlisle	2nd Jun
7	Alistair Weymouth (U20)	2:08.9	Oldham	3rd Aug
8	Ciaran Campbell (U17)	2:12.6	Preston	7th Jul
9	Luke Gay (U20)	2:14.6	Carlisle	2nd Jun
10	Tim Orr (U20)	2:14.9	Ashton-u-Lyne	28th Jul
11	Jordan Hull (U17)	2:15.8	Carlisle	5th May
12	Joseph Tidmarsh (U15)	2:19.4	Carlisle	22nd Jun
13	Ewan Clementson (U17)	2:20.6	Ellesmere Port	28th Apr
14	Nathan McStay (U15)	2:21.1	Carlisle	10th Aug
15	Scott Evans (U13)	2:25.8	Connah's Quay	13th Jul
16	Ewan Waite T38 (U17)	2:25.93	Grantham	21st Sep
17	Matthew Adamson (U15)	2:27.2	Carlisle	8th Jun
18	William Barnes (U15)	2:32.49	Birmingham	21st Sep
19	Sam Buszko (U15)	2:58.0	Macclesfield	22nd Jun
20	Daniel Baugh (U13)	3:03.4	Carlisle	4th May
21	Aaron Campbell (U15)	3:45.9	Carlisle	4th May

1200m Men**800m Women**

1	Abbie Hetherington (U20)	2:14.0	Oldham	3rd Aug
2	Rhiannon Silson (SW)	2:29.3	Carlisle	5th May
3	Anna Kirby (SW)	2:31.1	Burnley	9th Jun
4	Ruth Hetherington (SW)	2:38.3	Preston	7th Jul
5	Ella Telford (U15)	2:43.33	Birmingham	22nd Sep
6	Hayley Waugh (U20)	2:48.5	Ellesmere Port	28th Apr
7	Kyra Walton (U15)	2:48.9	Connah's Quay	13th Jul
8	Emma Little (U15)	2:52.8	Carlisle	10th Aug
9	Alyssia Thompson (U13)	2:52.9	Connah's Quay	13th Jul
10	Teresa Medley (W40)	3:00.7	Preston	7th Jul
11	Emily Daniel (U13)	3:01.5	Connah's Quay	13th Jul
12	Daisy Barnes (U15)	3:01.7	Carlisle	4th May
13	Charlotte Hetherington (U13)	3:09.4	Carlisle	4th May

1200m Women

1	Olivia Bent (U13)	4:39.1	Connah's Quay	13th Jul
2	Yasmin Little (U13)	4:43.7	Macclesfield	22nd Jun
3	Emily Daniel (U13)	5:01.2	Carlisle	4th May

1500m Men

1	Tom Farrell (U23)	3:41.33	Walnut, CA	19th Apr
2	Kev Bell (SM)	3:46.58	Oordegem, BEL	6th Jul
3	Matthew Grieve (U23)	3:53.68	Sportcity	1st Jun
4	Harry Earl (U23)	4:00.65	Watford	26th Jun
5	Alistair Weymouth (U20)	4:13.5	Carlisle	5th May
6	Neil Orr (U17)	4:14.2	Durham	20th May
7	Callam Plunkett (U20)	4:24.6	Carlisle	2nd Jun
8	Jordan Hull (U17)	4:35.4	Ashton-u-Lyne	28th Jul
9	Liam Medley (U20)	4:36.4	Burnley	9th Jun
10	Ciaran Campbell (U17)	4:37.5	Carlisle	10th Aug
11	Tim Orr (U20)	4:48.6	Ashton-u-Lyne	28th Jul
12	Ewan Waite (T38) (U17)	4:54.67	Sheffield	14th Sep
13	Matthew Adamson (U15)	5:01.5	Carlisle	25th May
14	Kieran Reynolds (U15)	5:07.9	Macclesfield	22nd Jun
15	Connor Lancaster (U13)	5:25.0	Carlisle	4th May
16	Mike Sellars (V40)	5:27.6	Preston	7th Jul
17	Callum Aldridge (U20)	5:35.1	Carlisle	22nd Jun
18	Daniel Baugh (U13)	5:35.1	Connah's Quay	13th Jul
19	Jordan Ewbank (U13)	6:02.8	Carlisle	4th May
20	Peter Campbell (V50)	6:04.5	Carlisle	10th Aug

1500m Women

1	Abbie Hetherington (U20)	4:47.5	Oldham	3rd Aug
2	Clare McKeown (W45)	5:04.7	Burnley	9th Jun
3	Ruth Hetherington (SW)	5:07.6	Carlisle	25th May
4	Sarah Brookes (U15)	5:16.7	Carlisle	25th May
5	Josie Coulthard (U15)	5:26.0	Carlisle	8th Jun
6	Teresa Medley (W40)	6:17.7	Preston	7th Jul
7	Emma Little (U15)	6:19.4	Carlisle	4th May

Mile Men

1	Tom Farrell (U23)	3:58.20 (i)	Fayetteville, AR	26th Jan
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Mile Women

3000m Men

1	Tom Farrell (U23)	7:51.77 (i)	Seattle, WA	9th Feb
2	James Douglas (SM)	8:38.00	Stretford	25th Jun
3	Matthew Grieve (U23)	8:38.54	Leeds	20th Apr
4	Harry Earl (U23)	8:59.52	Basingstoke	17th Jul
5	Callam Plunkett (U20)	9:22.1	Ellesmere Port	28th Apr
6	Jordan Hull (U17)	9:32.3	Ashton-u-Lyne	28th Jul
7	Ciaran Campbell (U17)	9:39.8	Blackburn	30th Jun
8	Liam Medley (U20)	10:04.9	Blackburn	30th Jun
9	Ewan Waite T38 (U17)	10:09.1	Ashton-u-Lyne	28th Jul

5000m Men

1	Tom Farrell (U23)	13:46.62	Birmingham	30th Jun
2	James Douglas (SM)	14:36.68	Sportcity	1st Jun
3	Matthew Grieve (U23)	15:43.0	Burnley	9th Jun
4	Russell Maddams (V35)	16:04.5	Oldham	3rd Aug
5	Callam Plunkett (U20)	16:30.8	Carlisle	5th May
6	Mike Sellars (V40)	20:22.1	Oldham	3rd Aug
7	Peter Campbell (V50)	24:31.8	Preston	7th Jul

60m Hurdles Men**70m Hurdles Men****75m Hurdles Men**

1	Daniel Baugh (U13)	16.3	Carlisle	4th May
2	Jordan Ewbank (U13)	16.6	Carlisle	4th May

80m Hurdles Men

1	Joseph Tidmarsh (U15)	12.92	Birmingham	21st Sep
2	William Barnes (U15)	14.3	Carlisle	22nd Jun
3	Lewis Dean (U15)	14.4	Carlisle	4th May
4	Sam Buszko (U15)	17.5	Ashton-u-Lyne	1st Jun

110m Hurdles Men

1	Luke Gay (U20)	19.1	Ashton-u-Lyne	28th Jul
2	Callum Aldridge (U20)	19.5	Carlisle	22nd Jun
3	Matthew Grieve (U23)	31.1	Burnley	9th Jun

400m Hurdles Men

1	Luke Gay (U20)	64.1	Ashton-u-Lyne	28th Jul
2	Ewan Clementson (U17)	71.3	Ellesmere Port	28th Apr
3	Liam Medley (U20)	81.3	Carlisle	2nd Jun
4	Mike Sellars (V40)	88.7	Carlisle	5th May

1500m Steeplechase Men

1	Ciaran Campbell (U17)	5:29.7	Blackburn	30th Jun
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3000m Women

1	Abbie Hetherington (U20)	10:15.2	Oldham	3rd Aug
2	Clare McKeown (W45)	10:44.0	Carlisle	5th May
3	Rhiannon Silson (SW)	10:48.0	Carlisle	5th May
4	Ruth Hetherington (SW)	11:34.9	Preston	7th Jul
5	Teresa Medley (W40)	12:55.9	Preston	7th Jul

5000m Women**60m Hurdles Women**

1	Ella Telford (U15)	10.14 (i)	Sportcity	3rd Feb
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70m Hurdles Women

1	Yasmin Little (U13)	14.7	Carlisle	4th May
2	Charlotte Hetherington (U13)	15.1	Connah's Quay	13th Jul

75m Hurdles Women

1	Ella Telford (U15)	12.2	Carlisle	25th May
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80m Hurdles Women**100m Hurdles Women****400m Hurdles Women****1500m Steeplechase Women**

2000m Steeplechase Men

1	Matthew Salkeld (U20)	7:25.2	Carlisle	2nd Jun
2	Liam Medley (U20)	7:34.3	Carlisle	2nd Jun

3000m Steeplechase Men

1	Ciaran Campbell (U17)	11:08.0	Burnley	9th Jun
2	Matthew Salkeld (U20)	11:52.0	Burnley	9th Jun
3	Liam Medley (U20)	12:10.4	Preston	7th Jul
4	Mike Sellars (V40)	13:15.3	Carlisle	5th May

4x100m Relay Men

1	Senior Men	47.4	Preston	7th Jul
2	Under 20 Men	47.9	Ashton-u-Lyne	28th Jul
3	Under 15 Boys	53.6	Macclesfield	22nd Jun
4	Under 13 Boys	62.6	Connah's Quay	13th Jul

4x300m Relay Men

1	Under 15 Boys	2:56.4	Connah's Quay	13th Jul
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4x400m Relay Men

1	Senior Men	3:37.8	Burnley	9th Jun
2	Under 20 Men	3:53.8	Carlisle	2nd Jun
3	Under 17 Men	4:09.4	Ashton-u-Lyne	28th Jul

2000m Steeplechase Women**3000m Steeplechase Women****4x100m Relay Women**

1	Senior Women	53.8	Preston	7th Jul
2	Under 15 Girls	59.5	Carlisle	4th May
3	Under 13 Girls	64.8	Connah's Quay	13th Jul

4x300m Relay Women**4x400m Relay Women**

1	Senior Women	4:28.3	Preston	7th Jul
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