

# Border Harriers & Athletic Club

Present the



## 68th BRAMPTON TO CARLISLE 10 MILE ROAD RACE

Sunday 17<sup>th</sup> November 2019 – Start at 11.30am

Held Under UKA Rules – UKA Licence 2019-38887

Fast, accurate Course – Measured by UKA accredited measurer - Minimum Age limit 17 years

- ❖ Start, Changing & Registration at William Howard School, Brampton
- ❖ Finish at the Sands Centre, Carlisle
- ❖ £200 to first male & female + £100 for winners if time is sub 49 minutes for men and sub 55 minutes for women
- ❖ Memento awarded to all finishers
- ❖ Full cash prize list on view on day - Comprehensive Individual, Veteran, UKA Team (Male and Female)
- ❖ Route: Brampton to Carlisle via B6264. Baggage bus from Brampton to Carlisle.
- ❖ Buses to Start: Buses leave Sands Centre 9.30am – 10.15am (£5 payable on day)
- ❖ Officially the oldest 10 Mile Road Race in the UK
- ❖ Online Entries available from [www.race-results.co.uk](http://www.race-results.co.uk); online closing date is 13<sup>th</sup> November

### ENTRY FEES

Entry Fees – Currently Registered Club members £16, Not currently Registered or Unattached £18.

Entry on day £2 extra for all athletes

Athletic Clubs entering 10 or more runners as block entries deduct 10% off total fee to receive Club discount

UK National Athletics Governing Body Reg numbers must be declared

You must enclose a 9 x 6 SAE with entry for race number.

**Please ensure correct postage**

**Race numbers are not transferable**

**Cheques payable to Border Harriers. Please send completed postal entry form, cheque, & SAE for number to Richard Claydon, 24 Waverley Road, Carlisle. CA3 9JU by postal closing date 13 November**

.....Please fold and tear off along this line and keep top half for future reference.....

### Entry Form for 68th Brampton to Carlisle Road Race on Sunday 17<sup>th</sup> November 2019

Full Name..... \*Male / \*Female

Date of Birth...../...../..... Age on day of race ..... years Tel. No. ....

Address.....Post Code .....

E-mail.....

Name of Affiliated Athletic Club (if any) .....

Club Vests Must Be Worn **UK National Athletics Governing Body Reg No**.....

### Declaration

I hereby declare that I am an amateur according to UKA Rules and will abide by the rules of UKA. I agree that my participation in this event is entirely at my own risk and that none of the organisers and sponsors of this event nor their members or agents shall be held liable in any way whatsoever in connection with any loss, damage or injury either caused to, suffered by, or caused by me.

I agree that the organisers may publish my personal information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category."

Signature.....Date ..... 2019