

BORDER HARRIERS and ATHLETIC CLUB
Present the

Wm COULTHARD & CO LTD

(Die casting and engineering Divisions)

58th BRAMPTON TO CARLISLE ROAD RACE

Saturday 21st November 2009 – Start at 12.30pm

Held Under UKA Rules – UKA Licence Applied For

Fast, accurate Course – Measured by UKA accredited measurer
Minimum Age limit - 17 years

- ❖ **START CHANGING & REGISTRATION: WILLIAM HOWARD SCHOOL BRAMPTON**
- ❖ **FINISH: THE SANDS CENTRE, CARLISLE**
- ❖ **£100 TO WINNER IF COURSE RECORD BROKEN**
- ❖ **PRIZE LIST: Comprehensive Individual, Veteran, UKA Team - Male and Female.**
- ❖ **ROUTE: Brampton to Carlisle via B6264. Baggage bus from Brampton to Carlisle.**
- ❖ **BUSES TO START: Buses leave Sands Centre 10.30am – 11.15am (£2.50 on day)**
- ❖ **OFFICIALLY THE OLDEST 10 MILE ROAD RACE IN THE UK**

PLEASE NOTE T SHIRTS WITH RUNNERS NAME ON AVAILABLE TO PURCHASE. ONLY AVAILABLE TO PRE ENTRIES.

ENTRY FEES

Race Entry Fee £10.50 Affiliated Club members (£2.00 Discount) i.e £8.50 Entries on day £2extra

Athletic Clubs entering 10 or more runners as block entries deduct 10% off entry fee

To receive Club discount runners must provide National Registration Numbers on rear of entry form

You must enclose a 9 x 6 SAE with entry for Race number or number will not be sent

Please ensure correct POSTAGE

.....Please fold and cut off along this line and keep top part for future reference.....

Entry Form for 58th Brampton to Carlisle Road Race - 12.30pm start on Saturday 21st November 2009

Full Name..... *Male / *Female

Date of Birth// 19 Age on day of race ____ years Tel. No. _____

Address.....

..... Post Code

Name of Affiliated Athletic Club(if any) (Club Vests Must Be Worn)

Please give your e mail address if you wish to receive next years entry form

DECLARATION

I hereby declare that I am an amateur according to UKA Rules and my participation in this event is entirely at my own risk and that none of the organisers and sponsors of this event nor their members, servants or agents shall be held liable in any way whatsoever in connection with any loss damage, injury or death either caused to, suffered by, or caused by me.

Signature.....Date.....2009

.....Date.....2009

(Signature of Parent/Guardian if entrant under 18 years)

Remittance enclosed. **Cheques payable to Border Harriers.** Please send complete entry forms including S.A.E to **BTOC, 92 Blencathra Street, Keswick, Cumbria CA12 4HY**, by closing date – 1st November, 2009.

Your name and address may be made available to organisations associated with the race

If you do not want your details made available please sign here