

Border Harriers & AC Open Track & Field Meeting
At the Sheepmount Stadium, Carlisle on Sunday 23rd August 2009

Results

Senior Men

100 Metres

1 st Jordan Fleary	Woodford G	11.5s
2 nd Christopher Love	Stewartry	12.1s
3 rd Andrew McGreevy	Border Harriers	12.4s
4 th Andrew Black	Stewartry	12.8s
5 th Kenneth Gibson (M)	Barrow FS	14.6s

200 Metres

1 st ? Kenneth Gibson	Barrow FS	30.9s
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400 Metres

1 st Matthew Lynch	Stewartry	53.2s
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1500 Metres

1st John Wright	Unatt	4m.23.6s
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110 Metre Hurdles

1 st Jordan Fleary	Woodford	14.8s
2 nd Andrew Smith	Border Harriers	17.1s

400m Hurdles

1 st Matthew Hilton	Unatt	57.3s
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High Jump

1 st Nathan Williams	Border Harriers	1.70m
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Javelin

1 st Lee Doran	Sheffield	67.75m
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Discus

1 st Lee Doran	Sheffield	32.96m
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Shot

1 st Lee Doran	Sheffield	10.90m
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Hammer

1 st David Mager	Gateshead	37.86m
2 nd Shaun Hudson	Gateshead	36.54m

Senior Women

100 Metres

1 st Elaine Telford	Morpeth	13.2s
2 nd Jennifer Szantai	Border Harriers	14.8s

200 Metres

1 st ?		
2 nd Jennifer Szantai	Border Harriers	31.4s

Long Jump

1 st Tania Hall	Seaton	4.28m
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Javelin

1 st Clare Williams	Swansea	44.22m
2 nd Zoe Priestley	Pembrokeshire H	34.51m
3 rd Colette Irvine	ADAC	24.00m
4 th Claire Reid	Morpeth	20.15m

Discus

1 st Claire Reid	Morpeth	31.17m
2 nd Collette Irvine	ADAC	27.68m
3 rd Sarah Mossom	Seaton	24.84m

Shot

1 st Clare Reid	Morpeth	10.71m
2 nd Sarah Mossom	Seaton	8.78m
3 rd Colette Irvine	ADAC	8.48m

Hammer

1 st Vicky Johnstone	Liverpool	46.21m
2 nd Elizabeth Norman	Central	37.10m

Under 20 Men

Hammer

1 st Kyle Randalls	Falkirk	59.54m
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Under 17 Men

100 Metres

1 st William Barnes	Carlisle	12.1s
2 nd Callum Blaikie	Kendal AAC	12.6s

400 Metres

1 st Oliver Lithgow	Seaton	53.4s
2 nd Matthew Hilton	Unatt	53.9s

1500 Metres

1 st Peter Harrison	Border H	4m.34.4s
2 nd Nathan Thompson	Seaton	4m.54.3s

100 Metre Hurdles

1 st Alan Thompson	Carlisle	14.7s
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400 Metre Hurdles

1 st Matthew Hilton	Unatt	57.3s
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High Jump

1 st Callum Blaikie	Kendal AAC	1.75M
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Triple Jump

1 st Robbie Nixon	Border Harriers	11.48m
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Hammer

1 st Ryan McDowall	Border Harriers	50.28m
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Under 17 Women

100 Metres

1 st Tessa Stockdale	Seaton	13.6s
2 nd Nerea Bradbury	Border Harriers	13.7s
3 rd Bethany Wise	Carlisle	13.7s
4 th Carmen Friel	Ellenborough	14.1s

300 Metres

1 st Carmen Friel	Ellenborough	46.5s
2 nd Stephanie Little	Nithsdale	48.4s

800 Metres

1 st Stephanie Lawrie	Nithsdale	2m.33.0s
2 nd Emma Moore	Seaton	2m.52.3s

1500 Metres

1 st Emma Moore	Seaton	5m.39.5s
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80 Metre Hurdles

1 st Carly McCrindle	Nithsdale	14.1s
2 nd Julie Dobbin	Nithsdale	15.0s

300 Metre Hurdles

1 st Julie Dobbin	Law & DAC	49.5s
2 nd Carly McCrindle	Nithsdale	53.1s

High Jump

1 st Kirsty Norwood	Seaton	1.53m
2 nd Carly McCrindle	Nithsdale	1.45M

Long Jump

1 st Kirsty Norwood	Seaton	4.51m
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Javelin

1 st Alice Back	ADAC	17.54m
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Discus

1 st Alice Back	ADAC	20.54m
2 nd Rebecca Harris	Carlisle	16.44m

Shot

1 st Alice Back	ADAC	6.62m
2 nd Carmen Friel	Ellenborough	6.60m
3 rd Rebecca Harris	Carlisle	5.66m

Hammer

1 st Katy Barnard	Border Harriers	46.21m
2 nd Sarah Hill	Border Harriers	27.75m

Under 15 Boys

100 Metres

1st Jack Young Gateshead H 13.4s

200 Metres

1st Jack Young Gateshead 27.3s

High Jump

1st David Foster Seaton 1.60m
2nd Robbie Ingham Kendal AAC 1.55m
3rd Jack Back ADAC 1.40m

Long Jump

Alex Nixon Border Harriers 4.26m

Javelin

1st David Foster Seaton 37.60m
2nd Frazer Ashman Crewe 32.18m
3rd Jack Back ADAC 24.28m
4th Callum Johnstone Nithsdale 19.68m
5th Dean Holliday ADAC 19.33m

Discus

1st Reece Straker NSP 26.94m
2nd Frazer Ashman Crewe 23.87m
3rd Jack Black ADAC 21.48m
4th Dean Holliday ADAC 16.47m
5th Callum Johnstone Nithsdale 14.5qm

Shot

1st David Foster Seaton 9.20m

Under 15 Girls

100 Metres

=1st Grace Ifere Carlisle 13.5s
=1st Emily Cummings Seaton 13.5s
3rd Laura Mole NSP 13.8s
4th Alison McCroy Border Harriers 13.8s
5th Kayleigh Longstaff Seaton 14.0s
6th Corrie Gracie Nithsdale 14.2s
7th Ellen Flaws Seaton 14.4s
8th Jessica Adam Border Harriers 14.6s
9th Jade Screen Kendal AAC 14.8s

200 Metres

1st Grace Ifere Carlisle 28.3s
2nd Laura Mole NSP 29.0s
3rd Kayleigh Longstaff Seaton 29.6s
4th Corrie Gracie Nithsdale 29.7s

800 Metres

1st Sophie Collins Moorfoots 2m.41.8s

1500 Metres

1st Sophie Collins Moorfoots 5m.20.1s
2nd Jacqueline Pringle Stewartry 5m.41.7s

75 Metres Hurdles

1st Ellen Flaws Seaton 13.8s

High Jump

1st Emily Cummings Seaton 1.59m

Long Jump

1st Gracie Corrie Nithsdale 4.37m
2nd Alison McCroy Border Harriers 4.12m
3rd Jacqueline Pringle Stewartry 3.98m
4th Jessica Adam Border Harriers 3.91m
5th Laura Mole NSP 3.75m

Javelin

1st Chloe Moore Carlisle 26.28m
2nd Jacqueline Pringle Stewartry 11.59m

Discus

1st Chloe Moore Carlisle 22.11m
2nd Jade Screen Kendal AAC 16.60m

Shot

1st Chloe Moore Carlisle 7.71m
2nd Jade Screen Kendal AAC 6.06m
3rd Kayleigh Longstaff Seaton 6.05m

Under 13 Boys

100 Metres

1 st Ben Abbott	Kendal AAC	13.5s
2 nd Daniel Van Lierop	Carlisle	14.3s
3 rd Angus Johnstone	Nithsdale	14.6s
4 th Kieran Saunders	ADAC	14.7s
5 th Lewis Holliday	ADAC	15.0s

200 Metres

1 st Elliott Baines	Border Harriers	30.1s
2 nd Lewis Holliday	ADAC	32.6s

800 Metres

1 st Angus Johnstone	Nithsdale	2m.32.7s
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1500 Metres

1 st Kieran Saunders	ADAC	5m.05.8s
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High Jump

1 st Elliott Baines	Border Harriers	1.40m
2 nd James Norwood	Seaton	1.30m
3 rd Ben Abbott	Kendal AAC	1.25m

Long Jump

1 st Elliott Baines	Border Harriers	4.74m
2 nd James Norwood	Seaton	4.41m
3 rd Ben Abbott	Kendal AAC	4.23m

Hammer

1 st Reece Straker	NSP	37.54m
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Under 13 Girls

100 Metres

1 st Rosie Groves	Carlisle	13.9s
2 nd Anna Graham	Nithsdale	15.0s
3 rd Julia Stevens	Carlisle	15.2s
4 th Millie Holder	Eden R	15.8s
5 th Emma Bradbury	Seaton	15.8s

200 Metres

1 st Lauren Glencross	Carlisle	28.0s
2 nd Millie Holder	Eden R	34.7s

800 Metres

1 st Mille Holder	Eden R	3m.01.4s
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70 Metres Hurdles

1 st Lauren Glencross	Carlisle	12.0s
2 nd Anna Graham	Nithsdale	12.8s
3 rd Rosie Groves	Carlisle	31.1s

1500 Metres

1 st Millie Holder	Eden R	5m.36.1s
2 nd Rebecca Buchanan	Seaton	5m.40.0s

High Jump

1 st Allison Pringle	ADAC	0.95m
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Long Jump

1 st Rosie Groves	Carlisle	4.21m
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Javelin

1 st Emma Back	ADAC	20.15m
2 nd Tanya Wilson	Seaton	18.85m
3 rd Ellie-Jo Doran	Carlisle	18.47m
4 th Rebecca Buchanan	Seaton	9.43m

Discus

1 st Emma Back	ADAC	17.63m
2 nd Allison Pringle	ADAC	11.94m

Shot

1 st Tania Wilson	Seaton	5.60m
2 nd Emma Back	ADAC	5.27m
3 rd Alison Pringle	ADAC	4.86m
4 th Rebecca Buchanan	Seaton	4.77m
5 th Emma Hanabury	Seaton	4.59m

Under 11 Boys

80 Metres

1 st Shaun Bell	ADAC	12.4s
2 nd George Holder	Eden R	12.7s
3 rd Harry Nixon	Border Harriers	12.6s
4 th Harry Nixon	Border Harriers	13.0s
5 th James Mole	North SP	13.2s

Under 11 Girls

80 Metres

1 st Laura Moore	Seaton	13.4s
2 nd Holly Adams	Ellenborough	14.3s
3 rd Catrina Pringle	ADAC	14.8s

6 th Nathan McStay	Border Harriers	13.3s
7 th Sean Lamont	ADAC	13.8s

150 Metres

1 st Joseph Ibbotson	Carlisle	23.7s
2 nd Matthew Adam	Carlisle	24.1s
3 rd Cole Blaikie	Kendal AAC	24.5s
4 th George Holder	Eden R	24.5s
5 th Nathan McStay	Border Harriers	26.9s

600 Metres

1 st George Holder	Eden Runners	1m.57.3s
2 nd Matthew Adamson	Carlisle	1m.57.9s
3 rd Joseph Ibbotson	Carlisle	2m.00.5s
4 th Cole Blaikie	Kendal AAC	2m.01.4s
5 th Shaun Bell	ADAC	2m.03.1s
6 th Ross Groves	Carlisle	2m.05.7s

Long Jump

1 st Joe Ibbotson	Carlisle	3.73m
2 nd Matthew Adamson	Carlisle	3.53m
3 rd Ross Groves	Carlisle	3.42m
4 th Nathan McStay	Border Harriers	3.22m
5 th George Holder	Eden R	3.16m
6 th Gregory Baines	Border Harriers	3.09m
7 th Harry Nixon	Border Harriers	3.04m
8 th James Mole	NSP	2.93m
9 th Sean Lamont	Gretna	2.41m

High Jump

1 st Shaun Bell	ADAC	1.15m
2 nd Ross Groves	Carlisle	1.10m
3 rd Gregory Baines	Border Harriers	1.05m
4 th Cole Blaikie	Kendal AAC	1.00m

150 Metres

1 st Laura Moore	Seaton	25.6s
2 nd Holly Adams	Ellenborough	28.3s

600 Metres

1 st Laura Moore	Seaton	2m.14.2s
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High Jump

1 st Catrina Pringle	ADAC	0.95m
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Under 9 Boys

60 Metres

1 st Liam Bates	Seaton	10.3s
2 nd Thomas Adams	Ellenborough	10.9s
3 rd Matthew Rudd	Border Harriers	11.0s
4 th James Adamson	Carlisle	11.7s
5 th Robert Mole	Unatt	11.8s

Standing Long Jump

1 st Matthew Rudd	Border Harriers	1.62m
2 nd Liam Bates	Seaton	1.60m
3 rd James Adamson	Ellenborough	1.39m
4 th Thomas Adams	Ellenborough	1.39m
5 th Robert Mole	Unatt	1.34m

Under 9 Girls

60 Metres

1 st Lara Davidson	ADAC	11.0s
2 nd Sophie Humes	Seaton	11.5s

Standing Long Jump

1 st Laura Davidson	Gretna	1.51m
2 nd Daisy Holder	Unatt	1.21m